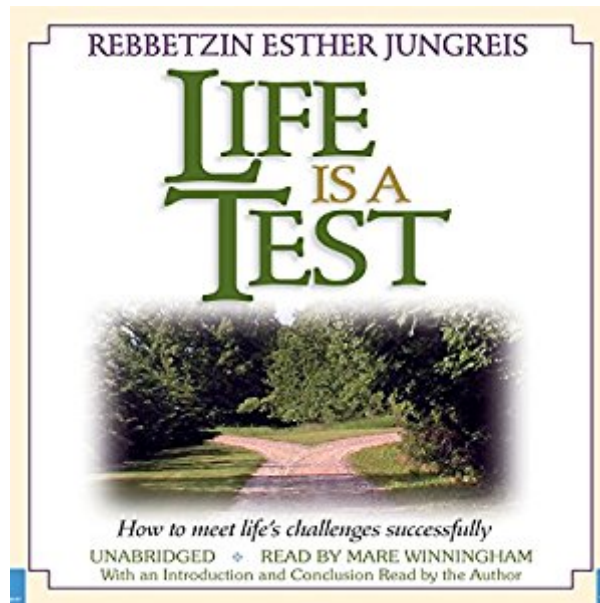




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# Life Is A Test: How To Meet Life's Challenges Successfully



## Synopsis

For over 40 years, Rebbetzin Esther Jungreis has been a globetrotting spokeswoman for Judaism. Whether counseling a searching soul or addressing a packed house in Madison Square Garden, her message is elegantly universal, while simultaneously addressing the specific needs of contemporary Jews. In *Life Is a Test*, the Rebbetzin's uncompromising convictions, her insights on faith, her soul-stirring wisdom, and her palpable love of all people saturate every page. *Life Is a Test* is really three audiobooks in one, each bearing a particular focus to help readers look for the hidden significance in challenging circumstances. The audiobook begins with tests of self-discovery and then examines the challenging realm of interpersonal relationships, concluding with a section on perceiving Divine Design in the big picture of global events, as well as in one's own world. Regardless of age or experience, people of all persuasions will find meaningful substance in *Life Is a Test*. Rebbetzin Jungreis has captured many of our deep-seated questions, and has graciously provided us with a decipherable answer key.

## Book Information

Audible Audio Edition

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## Customer Reviews

Prozac, Zoloft, Wellbutrin, move over. Your days are numbered. The pharmaceutical industry will lose billions in revenue after readers get their hands on this book. Simply put, Rebbetzin Esther Jungreis' new book, "*Life Is a Test - How To Meet Life's Challenges Successfully*," (Mesorah Publications) is the spiritual equivalent to the myriad of anti-depressants on the market. There is no question that Rebbetzin Jungreis has her finger on the pulse of the people. I would surmise that from her vast experience counseling those facing a multitude of challenges that life presents, she decided to write this book as an answer to a collective cry for help from a lost generation, totally

unequipped to understand the true meaning behind life's trials and tests. Fear not reader, for it is Rebbetzin Jungreis to the rescue. Your soul is about to get the ultimate work out, so get ready to stretch your spiritual muscles and become reinvigorated as you read "Life Is A Test". This is Rebbetzin Jungreis' fourth book and its magnitude of depth, focus and analysis of our personal and communal struggles sets it apart from any other treatises on this subject. It is written as a trilogy, combining three books in one and takes the reader on a trajectory that is permeated with such a genuine sense of warmth and love that can only be termed palpable. In a society immersed in grotesque materialism, decadence and loss of any real and meaningful direction and purpose, we are clueless about what life is really about and more importantly, who we really are and what our potential could be.

Dear Readers or potential readers, If there is any book that I recommend on faith this is it. I am an intellectual person, in all humility please forgive me. Yet this book is not about the mind but the heart. If there were ten books that I would choose to take to a deserted island or a 40 year journey through the Negev. This would be one of them...really. Rebbetzin Jungreis is a real Tzadika for our time...I am serious! I love her insights on how to really approach G-D in this day and age. It is simple, reading and practicing the Torah with all your heart. If you are a Jew/ess in search of something real, then read this book. If you are a Jew/ess who is soul searching, then look no further. If you are a Parent who is worried about the future of their children...this book is for you. If you are looking for your soulmate...don't overlook reading this book first. I am a true blue Sephardim Spanish/Portuguese, Andalusian Jew, I love intellectual things, read my reviews, but sometimes you just need the truth i.e. Torah Emet, Baruch Ata Amonay Eloheinu Melech Ha Olam, Aher Natanu TORAT EMET, Vehaye Olam Betuchanu, Baruch Atah Amonay, Noten HaTorah. The truth of the Torah supercedes everything. Look, Christianity has nothing on a real true blue G-D fearing Jew, who loves HaShem and believes that Our G-D is real and answers prayers to boot. Is this not the true message of Faith...The Good news really is... our G-d, the G-d of Zion, Adon Olam, Amonay Tzevaot, HaShem, El Shadai...Elohai Avotainu is real and has a purpose for you, oh children of Israel. Just turn the pages, as Rebbetzin Jungreis eloquently writes and encourages one to do so.

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